

Spring Lake Heights Tennis Schedule 2019

Coaches: Ms. Lang & Mrs. O'Leary

Contact: klang@slheights.org lolareary@slheights.org

Match/Practice Schedule

Mon., April 8th	try-outs
Tues., April 9th	try-outs
Wed., April 10th	try-outs
Thurs., April 11th	practice
Mon., April 15th	practice
Tues., April 16th	match vs St. Rose (home)
Wed., April 17th	practice
Thurs., April 18th	practice
Mon., April 29th	match vs St. Cat's (home)
Tues., April 30th	match vs squan (home)
Wed., May 1st	match vs Sea Girt (away)
Thurs., May 2nd	match vs St. Joe's (home)
Mon., May 6th	match vs St Cat's (away)
Tues., May 7th	match vs St Rose (away)
Wed., May 8th	practice
Thurs., May 9th	match vs Bay Head (home)
Mon., May 13th	practice
Tues., May 14th	match vs st Joes (away)
Wed., May 15th	match vs Squan (home)
Thurs., May 16th	match vs Bay Head (away)
Mon., May 20th	practice
Tues., May 21st	match vs St. Cat's(away)
Wed., May 22nd	practice
Thurs., May 23rd	practice Athletic Awards

- All Practices will be held after school at **3:30-4:45** at the Ocean Rd. Courts.
- All matches will start at 3:30pm whether home or away.
- On days that there is not a practice or a match, team players are encouraged to practice or play a "Challenge Match."
- Spring Break: 4/19-4/28 (Practice on your own!!!)
- Please inform us of any absences from practice or matches; i.e. sick, vacation, etc. via e-mail
- Any player who is in a tennis lesson program is excused from Practice. Let coaches know when and where the program is that you attend.

AWAY Courts:

St. Cat's (Marucci Park)
 Sea Girt (Sea Girt Elementary School)
 Mountz (Marucci Park)
 Manasquan (Ocean Rd. SLH)
 Bay Head (Bay Head Yacht Club)
 St. Rose (Maclearie Park)
 Brielle (Brielle Public Library)
 St. Joe's (Bay Lea Park TR North)