

# SPRING LAKE HEIGHTS SCHOOL

MARCH 2019

Student Lunch \$3.25 Adult Lunch \$3.75

\*\*\* 4 COMPLETE LUNCH CHOICES DAILY \*\*\*

Hot Entrees, Deli Du Jour, Bagel Lunch or PBJ

All Lunches come with Fruit, Veggies & Milk Daily. Fresh Soup on Tuesdays & Thursday



## Gourmet Sandwiches & Salads of the Week

Fresh Fruit and Yogurt Parfaits \$2.50

Burgers, Sandwiches, Pizza, Pasta, and Wraps Available GF Upon Request

### Deli Du Jour Selection

Monday	Tuesday	Wednesday	Thursday	Friday
Turkey & Cheese	Chicken Salad	Turkey & Cheese	Chicken Salad	Turkey & Cheese

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Simplified Culinary Services Sources NAE Chicken and Turkey Products;</b></p>	<p><b>N.A.E. Means: No Antibiotics Ever. A Cleaner and Healthier Source of Protein</b></p>			<p><b>1</b> Boardwalk Pizza Roasted Vegetables Fresh Fruit</p>
<p><b>4</b> Nae Chicken and Waffle Sandwich Mashed Potatoes Fresh Fruit</p>	<p><b>5</b> Cheeseburger French Fries Fresh Fruit Chicken Noodle Soup</p>	<p><b>6</b> Chicken Quesadilla Rice &amp; Beans Fresh Fruit</p>	<p><b>7</b> Pasta &amp; Meatballs Wgr. Roll Caesar Salad Fresh Fruit Broccoli Cheddar Soup</p>	<p><b>8</b> Personal Pan Pizza Fresh Vegetable Fresh Fruit</p>
<p><b>11</b> Pancakes Sausage Hash Brown Fresh Fruit</p>	<p><b>12</b> Nae Chicken Nuggets Caesar Salad Fresh Fruit Spicy Chicken Rice</p>	<p><b>13</b> Mozzarella Sticks &amp; Pasta, Bread Fresh Vegetable Fresh Fruit</p>	<p><b>14</b> Buffalo Chicken Soft Taco All The Toppings Fresh Fruit Loaded Baked Potato</p>	<p><b>15</b> French Bread Pizza Fresh Vegetables Fresh Fruit</p>
<p><b>18</b> Italian Grilled Cheese Marinara Dip Tossed Salad Fresh Fruit</p>	<p><b>19</b> NAE Chicken Sandwich Oven Fries Fresh Fruit Chicken Noodle Soup</p>	<p><b>20</b> Nacho Bar-Meat &amp; Cheese, Lettuce, Salsa, Sour Cream Fresh Fruit</p>	<p><b>21</b> Pasta w/ Meat Sauce Bread, Fresh Veggies Fresh Fruit Tomato Bacon Bisque</p>	<p><b>22</b> Boardwalk Pizza Fresh Vegetable Fresh Fruit</p>
<p><b>25</b> NAE Chicken Tenders Mashed Potatoes, Roll Fresh Fruit</p>	<p><b>26</b> French Toast Sausage, Hash Brown Fresh Fruit Chicken Tortilla Soup</p>	<p><b>27</b> NAE Chicken Sandwich French Fries Fresh Fruit</p>	<p><b>28</b> Mozzarella Sticks &amp; Pasta, Bread, Fresh Veggies, Fresh Fruit Chicken Florentine</p>	<p><b>29</b> Personal Pan Pizza Fresh Vegetable Fresh Fruit</p>