

Spring Lake Heights School District  
Cafeteria Price List  
2018 - 2019

Student Lunch	\$3.25
Adult Lunch	\$3.75
Gourmet Sandwich	\$4.75
Deli Sandwich	\$3.75
Gourmet Salad – Large	\$5.00
Gourmet Salad – Small	\$3.75
Simple Salad Box	\$2.50
Hummus & Veggies Crunch Box	\$3.50
Fresh Fruit & Yogurt Parfait	\$2.50
Fresh Fruit, Cheese & Crackers Box	\$3.00
Soup & Crackers - Large	\$2.25
Soup & Crackers - Small	\$1.75
Fresh Bagel & Butter	\$1.50
Cream Cheese Cup	\$0.50
Yogurt Cup	\$1.50
Fresh Fruit	\$1.00
Bottle Water	\$1.25
Large Juice, Snapple, Switch	\$1.50
Assorted Milk	\$0.75
Fresh Cookie	\$0.75
Assorted Baked Chips	\$1.25
Assorted Ice Cream	\$1.25/\$1.50/\$2.00
Rice Krispies Treat	\$0.50
Assorted Granola Bars	\$1.00
French Fries	\$2.25
Granola Cups	\$0.75

Above items are subject to change. Age/grade levels may have different access to certain foods. Our goal is to keep things fresh and simple for students and staff, using high quality ingredients. We will tailor our offerings in each school district based on the individual nutritional goals of the school we are servicing. Our basic philosophy is to offer complete lunch choices and encourage the consumption of fruits and vegetables daily. Gluten Free Options – Cheeseburger, Chicken Tenders, Pizza, Deli Du Jour Sandwiches, Nachos, Pasta, and others as necessary.