

**SPRING LAKE HEIGHTS SCHOOL DISTRICT
CAFETERIA PRICE LIST
SCHOOL YEAR 2019-2020**

MENU ITEMS*	PRICE
STUDENT LUNCH	3.25
ADULT LUNCH	3.75
GOURMET SANDWICH	4.75
DELI SANDWICH	3.75
GOURMET SALAD	4.00
FRESH FRUIT AND YOGURT PARFAIT	3.00
SIMPLE SALAD BOX	2.50
FRESH FRUIT AND CHEESE BOX/CRACKERS	3.00
FRUIT	1.00
LARGE SOUP AND CRACKERS	2.25
SMALL SOUP AND CRACKERS	1.75
HUMMUS, VEGGIES, AND CRUNCH BOX	3.50
FRESH BAGEL WITH BUTTER	1.50
CREAM CHEESE CUP	.50
YOGURT CUP	1.50
ASSORTED GRANOLA BARS	1.25
LARGE BOTTLED WATER	1.25
JUICES AND SWITCH	1.50
ASSORTED MILK	.75
FRESH COOKIE	.75
GRANOLA CUPS	.75
BAKED CHIPS	1.25
ICE CREAM	1.25/1.50/2.00
FRENCH FRIES	2.25
RICE CRISPY TREATS	.50
LARGE FRESH CUT FRUIT CUP	3.00

*Above items are subject to change and growth, as well as which age/ grade level has access to certain foods. Our goal is to keep things fresh and simple for students and staff, using high quality ingredients. We will tailor our offerings in each school district based on the individual nutritional goals of the school we are servicing. Our basic philosophy is to offer complete lunch choices and encourage the consumption of fruits and vegetables daily.

Gluten Free Options- Cheeseburger, Chicken Tenders, Pizza, Deli Du Jour Sandwiches, Nachos, Pasta, and others as necessary